



Broader Impact Identity

The Arczynski Educational Psychology (AEP) Group's research, teaching, and service seeks to have impacts at the university, local, national, & international level that helps foster and allow individuals and entities to enter into a space in which they can enact change that embodies their authentic identities. This is done in three main ways.

Research

To understand & transform the field of counseling psychology to be socially just and multi-culturally competent and proficient by examining how practitioners engage in multicultural practices, employ empowerment-based approaches, and promote social justice via qualitative inquiry.

Completed Projects Include:

- The Complexities of Power in Socially Just Feminist Multicultural Psychotherapy Supervision
- Cultivating Spiritually Integrative Psychotherapy
- Fostering Feminist Activist Identities

Future Work Will Include:

- Trainee Development Implications of Socially Just Multicultural Group Psychotherapy Training
- Complexities of Identity & Justice in Counseling Psychology Climates

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Teaching

Transformational research-based approaches to pedagogy and mentoring to facilitate the development of empowered learners, critical consumers, and agents of social change in their own psychological practice, research, and advocacy.

Classes Taught Include:

- Advance Group Counseling
- Doctoral Practicum
- Counseling Psychology Research
- Techniques of Counseling
- Gender & Social Change
- Psychology of Women

Future Classes Will Include:

- Individual Research
- Issues & Ethics in Counseling Psychology
- Supervision & Consultation

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Service & Inclusive Engagement

Establishing internal (inside of the university) and external (outside of the university) environments that help to facilitate consciousness at the university, local, and national levels.

Internal Engagement:

- OU Faculty Ally Advisory Board
- OU Sooner Ally Trainer
- College of Education Diversity Committee
- Department of Educational Psychology Elections Committee

External Engagement:

- OU Counseling Psychology Clinic Psychologist
- Invited Speaker: Gender Diversity & Inclusion
- Past Co-Coordinator of the Association for Women in Psychology Caucus for Bisexuality & Sexual Diversity